



**SRI SARADA COLLEGE OF EDUCATION (AUTONOMOUS),**

**Fairlands, Salem- 636 016**

*Affiliated to Tamil Nadu Teachers Education University, Chennai*

*Re-Accredited by NAAC with “A” Grade (III Cycle)*


### **1.1.3**

#### ***Students' Induction Programme***

**Sri Sarada College of Education (Autonomous), Salem – 636 016**

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*Affiliated to Tamil Nadu Teachers Education University, Chennai*



We are very pleased to invite you  
to

**INDUCTION  
PROGRAMME  
FOR  
B.ED FRESHERS  
(2022-2024 BATCH)**

From 26.10.2022 To 03.11.2022  
(9.45 A.M. To 5.00 P.M.)

At  
Multipurpose Hall,  
Sri Sarada College of Education (Autonomous)  
Salem-636016

**Sri Sarada College of Education (Autonomous), Salem – 636 016**  
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**26.10.2022**

9.45 - 10.45 - Inauguration

10.45 - 11.45 - Introduction - Staff & Students

11.45 - 12.00 - Break

12.00 - 1.00 - Ice Breaking Session

by Mrs. K. Mythili,  
Psychologist,  
Phoenix Counselling Centre, Salem.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Lecture on Leprosy Awareness  
programme

by Mr.G. Gopal,  
PHC, Jettihalli, Dharmapuri.

3.00 - 4.00 - Introduction within group  
(Mentor - Mentee)

4.00 - 4.15 - Break

4.15 - 5.00 - Games

by Dr. S. Velvizhi,  
Director of Physical Education, SSCE.

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**27.10.2022**

9.45 - 10.45 - Lecture on Yoga

by Dr.S.Velvizhi,

Director of Physical Education, SSCE.

10.45 - 11.45 - Orientation about College

by Dr. S. Santhi,

Principal, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Orientation about the Programme

by Dr. R. Selvamathi Sugirtha,

Asst. Prof. of Biological science, SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Orientation on Environmental  
committee

by Dr. V. Arulselvi,

Asst. Prof. of Education, SSCE.

3.00 - 4.00 - Orientation on Grievance & Redressal

by Dr. K. P Shanmugavadivu,

Asst. Prof. of Education, SSCE.

4.00 - 4.15 - Break

4.15 - 5.00 - Orientation on ICC and Anti-Ragging

committee

by Dr. K. Kamaladevi,

Asst. Prof. of English, SSCE &

Dr. V. Priya,

Asst. Prof. of Physical science, SSCE.

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**28.10.2022**

9.45 - 10.45 - Yoga session

by Dr.S.Velvizhi,  
Director of Physical Education, SSCE.

10.45 - 11.45 - Lecture on Fundamental English

by Dr. K. Kamaladevi,  
Asst. Prof. of English, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Lecture on Fundamental Tamil

by Dr. D. Kavitha,  
Asst. Prof. of Tamil, SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Information & Literacy Programme

by Mrs. A. Kavitha,  
Librarian, SSCE.

3.00 - 4.00 - Lecture on Healthy Diet

by Dr. Vasumathi ,  
PHC, Kannankurichi, Salem.

4.00 - 4.15 - Break

4.15 - 5.00 - Creative Arts and Culture

by Mrs. Prema Ramesh  
Art & Craft Instructor, SSCE.

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**29.10.2022**

9.45 - 10.45 - Teaching Aptitude Test

by Dr. V. Priya,  
Asst. Prof. of Physical Science, SSCE.

10.45 - 11.45 - Creative Arts and Culture

by Mrs. Prema Ramesh,  
Art & Craft Instructor, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Lecture on POCSO Act

by Mr. D. Simonraj,  
Social Activist.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Interaction between freshers and seniors

3.00 - 4.00 - Freshers Day Celebration

4.00 - 4.15 - Break

4.15 - 5.00 - Games

by Dr. S. Velvizhi,  
Director of Physical Education, SSCE .

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**31.10.2022**

9.45 - 10.45 - National Unity Day Celebration

10.45 - 11.45 - Alumni Lecture on Universal Human values

by Dr. B. Gayathri, Psychologist,  
Bharath Wellness Center, Salem.

11.45 - 12.00 - Break

12.00 - 1.00 - Remediation on Fundamental English

by Dr. K. Kamaladevi,  
Asst. Prof. of English, SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Special School Visit to Govt. Deaf &  
Dumb School, Old Suramangalam, Salem

4.00 - 4.15 - Break

4.15 - 5.00 - Remediation on Fundamental Tamil

by Dr. D. Kavitha,  
Asst. Prof. of Tamil, SSCE.

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**01.11.2022**

9.45 - 10.45 - Perception Game - Introduction to  
Achievement Motivation

by Dr. K. P. Shanmugavadivu,  
Asst. Prof. of Education, SSCE.

10.45 - 11.45 - Story Writing

by Dr. V. Arulselvi,  
Asst. Prof. of Education, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Flanders Interaction Analysis-  
Explanation & Demonstration

by Dr. D. Kavitha,  
Asst. Prof. of Tamil, SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Visit to Sri Sarada College Exhibition  
(History Department)

3.00 - 4.00 - Ring Toss Games - Mentors

4.00 - 4.15 - Break

4.15 - 5.00 - Salem Day Celebration

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**02.11.2022**

9.45 - 10.45 - Perception games and TAT components  
by Dr.V. Arulselvi,  
Asst. Prof. of Education, SSCE.

10.45 - 11.45 - Story Writing  
by Dr.V. Arulselvi,  
Asst. Prof. of Education, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Role Play  
by Dr. R. Selvamathi Sugirtha,  
Asst. Prof. of Biological science, SSCE &  
Mrs. A. Kavitha,  
Librarian, SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 3.00 - Who am I & Why am I here session

3.00 - 4.00 - Blindfold Activity  
by Dr. S. Velvizhi,  
Director of Physical Education, SSCE.

4.00 - 4.15 - Break

4.15 - 5.00 - Games  
by Dr. S. Velvizhi,  
Director of Physical Education, SSCE.

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**03.11.2022**

9.45 - 10.45 - SWAYAM course orientation

by Dr.K. P. Shanmugavadivu,  
Asst. Prof. of Education, SSCE.

10.45 - 11.45 - Digital Rights and Responsibilities

by Dr.V. Arulselvi,  
Asst. Prof. of Education, SSCE.

11.45 - 12.00 - Break

12.00 - 1.00 - Students Union Election & Students'  
Council

by Dr. R. Selvamathi Sugirtha,  
Asst. Prof. of Biological science, SSCE &  
other Faculty members of SSCE.

1.00 - 2.00 - Lunch Break

2.00 - 4.00 - Introduction to ICT Equipments

by Mr. L. Ravichandran & Mr. Prabhu  
Lab Assistants , SSCE.

4.00 - 4.15 - Break

4.15 - 5.00 - Time Management

by Dr. A. Balamallika Devi,  
Asst. Prof. of History, SSCE.

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**SSCE**  
***Welcomes you All***

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# MYTHILI RANGARAJAN

📞 +91-9443565200 | ✉ likephoenix@hotmail.com | in <https://www.linkedin.com/in/mythili-rangarajan-84b885234>

**Interventional and dedicated Life Skills Counsellor focuses on helping people discover their inner strengths and guides about strategies related to attaining personal and professional goals.**

**Mental Health Therapist ▶ Case Management ▶ Behaviour Analysis ▶ Treatment Planning ▶ Solution Focused**

Seeking career enriching assignments to work as a Medical Social Worker, Mental Health Counsellor, School Coordinator, Student Welfare Officer, Child Protection Counsellor with Corporate/Hospital/School/College/NGO of high repute.

Masters in Social Work Medical and Psychiatric with 16+ years of experience in offering counselling, therapy, clinical psychology, and facilitating Life skill workshops in Colleges, High Schools, and Corporates. Proficiently counsel the clients on emotional issues, career confusions, relationship issues, suicidal prevention, youth counselling, stress management, blood donation, eye donation, geriatric counselling, grief counselling, and personal enhancement skills such as self-esteem, mental blocks, self-defeating beliefs, communication skills, depression, study skills, etc.

Far-sighted professional who possesses a direct & loving approach to transforming the clients by guiding them to achieve the next level of success with greater confidence and efficiency through Holistic and Transformational Wellness programs. Manages problems & complexities with ease. Well-versed in Human Resource Management, Colour Therapy, Cognitive Behaviour Therapy, and NLP.

## CORE COMPETENCIES

Needs Assessment  
Group & Individual Sessions  
Collaboration  
Talk Therapy  
Substance-related Disorders  
Excellent Communication Skills

Resource Linking  
Crisis Intervention  
Quality Services  
Motivational Interviewing  
Depressive Disorders  
Strong Analytical Skills

Counselling Techniques  
Training and Education  
Client Confidentiality  
Anger Management  
Life Skills  
Qualitative Research

## WORK EXPERIENCE

### Professional Counsellor and Life Skill Trainer, Jul 2013 – Present

Freelancer

*Dedicated to improving mental health and meeting the needs of the generation. Bringing healing to people who have been through a traumatic/stressful experience. Helping clients including children, adults & families, to find healthy perceptions of themselves as peaceful, complete, whole, and safe. Applying different approaches for every individual with a range of modalities.*

- Working as a Freelancer with different schools, colleges, and hospitals for conducting Life Skills Training.
- Conducting life skills sessions based on the needs and promoting one's own strength including counselling sessions whenever required.
- Providing clients with coaching that assisted them in facing obstacles and provided the foundation for them to fulfill their goals and enrich their lives.
- Supporting the Clients by structuring and delivering customized programs in both a one-on-one and workshop environment.
- Counselling a plethora of walk-in clients across all ages and social strata on wide-ranging issues of concern such as emotional issues, Career confusions, relationship issues, personal enhancement skills- self-esteem, mental blocks, self-defeating beliefs, communication skills, depression, study skills, etc.

#### Highlights:

- **Honoured as a Chief Guest for women's day celebration at Jayarani College for Women, conducted an interactive session with students** about how to overcome fear.
- **Offered online counselling to those in need during this pandemic situation** to help them overcome their stress; stress management counselling plays a pivotal role during pandemics.
- Exhibited prowess in **conducting face-to-face & online counselling sessions for people worldwide** during COVID situation.
- **Meticulously counselled adolescent girls at a Girls' High School for overcoming fear, goal-setting, career guidance, problem-solving, and decision-making capabilities.**
- **Oriented the students about social work and career guidance as an alumnus of Cauvery College for Women.** Invited as a Chief Guest from the Department of Social Work.
- **Gave suicidal prevention counselling at a Hospital on a call basis to the people in the age group of 12-80 years;** the impact was profound on more than **250 people's lives for better living.**

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## Vasan Eye Care Hospital Salem, Tamil Nadu, India Sep 2008 – Oct 2012

Assistant Manager Operations

*Helmed strategic and operational oversight to the hospital to design, interpret and ensure effective implementation of policies, procedures, and administrative rules. Enhanced case management, program management, and clinical management with continuous process improvement techniques. Merit of interfacing with Patients, Attendants, MR, and Doctors.*

- Spearheaded general administration functions of Hospital; resolved employee grievances & common organizational problems and conflicts for better management,
- Supervised & ensured that all clinical policies and procedures within the Hospital meet the requirements of licensing or accrediting bodies.
- Reviewed and approved medical certificates, medical reimbursement, extensions, and special leave.
- Provided customer care services; supervised patient's admission & discharge practices and recovery of bills.
- Maintained medical and staff records, and patient health records including their admissions and insurance data, and counselled them on medication information to ensure better compliance.
- Liaised with Medical and Non-medical Staff for day-to-day activities of Hospital; imparted training and executed appraisal and development of Medical Administrative Staff.
- Organized camps, managed Doctors' Appointments for privileged Patients, Corporates tie-ups, etc.
- Educated patients about treatment options for different diseases, worked with specialists to provide in-depth education.
- Identified serious conditions and emergencies and immediately refer to a hospital for prompt care.

### **Highlight:**

- **Hold the credit for providing Visually Handicapped individuals with the privilege of vision including a 10-year-old boy through an effective eye donation counselling; over 100 transgenders pledged their eyes for this noble cause.**

## Indian Red Cross Society, Tamil Nadu, India Jun 2004 – Mar 2008

District Coordinator

*Elevated to tackle next-level challenges as a District Coordinator due to exemplary performance. Tasked to Counsel clients to help them understand and overcome their personal, social, and behaviour problems through various psychological methods and techniques. Entrusted with the responsibility of promoting the Humanitarian values and providing elementary health education.*

- Assessed, evaluated, and predicted behaviours by observing individuals and groups. Encouraged group participants to talk about and share their feelings during counselling sessions. Maintained a high level of customer security.
- Encouraged groups to expand community engagement and program reach. Coordinated with the Team for the program activities; provided feedback to the participants and recommendations for the process improvement.
- Organized blood donation camp. Educated students and the community about blood donation. Raised awareness on HIV/AIDS.
- Provided advice and support to the Management Team in improving quality of life and reducing absenteeism through health and psychological counselling. Imparted knowledge for the prevention of disease and health & hygiene issues.

### **Highlight:**

- Served as a Red Cross volunteer and regular blood donor thereby **saving many lives by donating the blood.**

### **EDUCATION**

M.A. (Social Work Medical and Psychiatric), Cauvery College for Women Trichy, India	1999
B.A. (Social Work), Cauvery College for Women Trichy, India	1997

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**Re - Accredited with "A" Grade by NAAC (III Cycle)  
Affiliated to Tamil Nadu Teachers Education University,  
Karappakkam, Chennai.**



**STUDENTS INDUCTION  
PROGRAMME FOR B.ED  
FRESHERS  
(2021-2022 BATCH)**

**From 25.10.2021 to 01.11.2021**

**(09.45 a.m. to 05.00 p.m.)**

**at**

**Multipurpose Hall  
Sri Sarada College of Education (Autonomous),  
Salem-16**

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**25.10.2021**

**10.00 to 11.15 – Inauguration**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Introduction Staff and Students**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Fundamental English**

**03.00 to 04.00 – Fundamental English**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**26.10.2021**

**10.00 to 11.15 – Hands on Training about ICT Equipment**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Music Practice**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Hands on Training about ICT Equipment**

**03.00 to 04.00 – Hands on Training about ICT Equipment**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**27.10.2021**

**10.00 to 11.15 – Lectures by Eminent (Alumini)  
Mrs. Mahishavardhini / Mrs.Ayshia**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Ice Break Session ( Dr.R.Nagalakshmi)**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Literacy Activity (Reading a Book)  
Mrs.A.Kavitha & K.Kamala Devi**

**03.00 to 04.00 – Creative Arts & Culture ( Painting)  
Mrs.Prema Ramesh**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**28.10.2021**

**10.00 to 11.15 – Social Activist (Yoga)  
Mrs. Arul Selvi**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Mentoring Human Values about the  
constitution ( Mrs.Umamaheswari)**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Literacy Activity (Reading a Book)  
Mrs.A.Kavitha & K.Kamala Devi**

**03.00 to 04.00 – Freshers Day Celebration  
Welcoming the Junior**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**29.10.2021**

**10.00 to 11.15 – Orientation about the College  
(Dr.S.Santhi)**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Orientation about the Programme  
(Dr. R.S.Selvamathi Sugirtha)**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – About mentoring (Mentor – Mentee)  
Introduction group**

**03.00 to 04.00 – Students Union Election & Students  
Council**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**30.10.2021**

**10.00 to 11.15 – Extra Curricular Activity, Oratorical Competition**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Essay Competition**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Debate / Music**

**03.00 to 04.00 – Dance / Skit / Drama / Role Play / Mime / Street Play**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**01.11.2021**

**10.00 to 11.15 – Preparation Game Introduction to Achievement Motivation (Dr.K.P.Shanmuga Vadivu)**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Story Writing Dr.R.Selvamathi Sugirtha, Who am I ( Tutorial Group Staff)**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Achievement Motivation Why am I ( Tutorial Group Staff)**

**03.00 to 04.00 – Flanders Interaction Analysis, Explanation, Demonstration (Dr .V.Priya)**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**02.11.2021**

**10.00 to 11.15 – Perception Game & TAT Components  
(Dr.V.Arulsevi)**

**11.15 to 11.30 – Break**

**11.30 to 01.00 – Story Writing Dr.R.Selvamathi  
Sugirtha & Role Play & Explanation  
(Mrs.A.Kavitha & Dr.R.Saraswathy)**

**01.00 to 02.00 – Lunch Break**

**02.00 to 03.00 – Ring Toss Game Discussion  
(Dr.K.Kamala Devi) & Evaluation of Day's Work  
(Dr.K.P.Shanmuga Vadivu)**

**03.00 to 04.00 – Blind Fold Activity & Discussion and  
Conclusion (Dr.S.Velvizhi)**

**04.00 to 04.15 – Break**

**04.00 to 05.00 – Games**

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**SRI SARADA COLLEGE OF EDUCATION (AUTONOMOUS), SALEM – 16**

**REPORT ON STUDENTS INDUCTION PROGRAMME - 2021**

**25.10.2021 - 02.11.2021**

On 25.10.2021, Students' Induction programme was started with the prayer. The Secretary of the college Yatiswari Vinayakapriya Amba showered her blessings through the virtual platform. Our principal Dr.S.Santhi, addressed the freshers with her warm words and the staff members introduced themselves. The second year B.Ed. students performed welcoming events. In the post lunch session, Dr.K.Kamala Devi, Assistant Professor of English gave an orientation on Fundamental English and the significance of effective communication skills for teachers.

On Day - 2, the Students' Induction programme was started with prayer. Lab technician, Mr.L.Ravichandran gave hands-on training about ICT equipment to the freshers. In the next session the students watched a documentary film about the founders of the institution. The first length fashion is the introductory meeting of mentor mentees. the guidelines of the Institution's mentor system, duties and responsibilities of mentor and mentees were detailed to the students.

On Day - 3, Dr. K.P.Shanmuga Vadivu, Assistant Professor of Education handled the session 'About the College'. The students came to know about the institution, the illustrious founders, their vision, mission, guidelines etc. It was followed by an Ice-Breaking Session by Dr. R. Nagalakshmi, DIET, Salem. She beautifully shared her experiences on how the society changes the life of a woman. She also explained about SWOT analysis and asked the students to share their strengths, weaknesses, opportunities and threats, and gave some ways to overcome the challenges. In the post lunch session, Dr.S.Velvizhi, Director of Physical Education gave an orientation about the Importance of health and physical fitness and how to use the equipment which are available at the college gymnasium.

On Day - 4, the beginning session was handled by Mrs.G.Akila, Yoga Instructor, who spoke on the benefits of yoga which was followed by performing simple yoga asanas. After that session, Mrs. N. Umamaheswari, Head of the Department of History, Sri Sarada College

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for Women, gave a lecture on 'Mentoring Human Values in line with Indian Constitution'. In the post Lunch session, Dr.R.Selvamathi Sugirtha, Assistant Professor of Biological Science, gave orientation about the courses of B.Ed. programme. In the final section of the day Freshers' day was celebrated where the second year students performed an array of activities filled with fun and entertainment. This ensured a cordial relationship between the students of 1<sup>st</sup> and 2<sup>nd</sup> year.

On Day - 5, the morning sessions were filled with language development activities under the direction of Dr. K. Kamala Devi. In the post lunch session, the Student council Election was conducted for selecting the student President and the Secretary and the results were announced by the principal, Dr.S.Santhi. Ms.N.T.Roshini and Ms.P.Dharani were elected. Secretaries of various clubs and other office bearers were also selected.

On Day - 6, the second-year students projected a virtual tour to places of famous Mathematicians while the science pedagogy students screened visuals using augmented reality. They also explicated how they utilize technological assistance for teaching and learning. In the post lunch session, Dr.S.Velvizhi conducted Carrom and Chess competitions for the students. In the final session best yoga performers of the second year B.Ed. demonstrated yogasanas to the first-year students and shared their experiences.

On Day - 7, the programme started with prayer and was followed by Achievement Motivation Seminar introduced by Dr.K.P.Shanmuga Vadivu. It was followed by the Story Writing session conducted by Dr. V. Priya, Assistant Professor of Physical Science. The third session on TAT components was handled by Dr.V.Arulselvi, Assistant Professor of Education. In the post lunch, "Who am I? and Why am I here?" sessions were handled by the mentors to the respective mentees.

On Day - 8, after the celebration of the birth anniversary of Sardar Vallabhai Patel, the second day of the Achievement Motivation Seminar was continued. Dr.K.Kamala Devi conducted the Blindfold activity and interpreted the same. The second session was Ring Toss game which was played in Tutorial wise monitored by the concerned mentors. In the post lunch session, Role play depicting dominative and nurturing parents was performed by the students under the guidance of Mrs.A.Kavitha, Librarian while Dr.S.Saraswathy, Assistant Professor of Mathematics outlined the influence of such parents and teachers on the learners. After that, a lecture on Flanders' Interaction Analysis was delivered by Dr.V.Priya who gave the concluding remarks for the entire Induction programme.

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## Orientation about the college



## Mentoring Human Values about the constitution by Mrs. N.Umamaheshwari



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## Introduction about the Yoga



## Roleplay and explanation 02.11.2021



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# **STUDENTS INDUCTION PROGRAMME FOR B.ED (2020 -2021)**

**Date: 12.03.2021 to 20.03.2021**

**Time : 10.00 a.m. to 05.00 p.m.**

## **Venue**

**Multipurpose Hall  
Sri Sarada College of Education (Autonomous),  
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# 12.03.2021

10.00 to 11.15 – Lectures by Eminent  
(Alumini) (Dr.T.Nagavalli)

11.15 to 11.30 – Break

11.30 to 01.00 – Ice Break Session  
Mrs. R.Mythili  
Psychatric Councillor,  
Life Skill Traineer

01.00 to 02.00 – Lunch Break

02.00 to 03.00 – Literary Activity  
Reading a Book  
( Mrs.A.Kavitha & Other Teachers)

03.00 to 04.00 – Creative Arts and Culture  
(Painting) Mrs.Prema Ramesh

04.00 to 05.00 – Games

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# 13.03.2021

10.00 to 11.15 – Social Activist (Yoga)  
Mrs. Arul Selvi

11.15 to 11.30 – Break

11.30 to 01.00 – Literary Activity Writing  
Summary  
( Dr.K.Kamala Devi,  
Dr.D.Kavitha &  
Mrs. A.Kavitha)

01.00 to 02.00 – Lunch Break

02.00 to 03.00 – Senior Students Involving  
Activities

03.00 to 04.00 – Fresher's Day Celebration  
( Welcoming the Junior)

04.00 to 05.00 – Games

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# 15.03.2021

10.00 to 11.15

Orientation about the College (Dr.S.Sanathi) &  
Orientation about the Programme  
(Dr. R.S.Selvamathi Sugirtha)

11.15 to 11.30 – Break

11.30 to 01.00

Mentoring Human Values about the  
constitution ( Dr.Anuradha)

01.00 to 02.00 – Lunch Break

02.00 to 03.00

Orientation about the Core Courses  
(Dr. K.P.Shanmuga Vadivu, Dr.V.Arul Selvi &  
Dr.R.Saraswathy)

03.00 to 04.00

Orientation about the Pedagogy Course &  
Department ( All Pedagogy Staff)

04.00 to 05.00 – Games

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# 16.03.2021

10.00 to 11.15 – About Mentoring  
( Mentor – Mentee )  
Introduction Group

11.15 to 11.30 – Break

11.30 to 01.00 – Students Union Election &  
Students Council

01.00 to 02.00 – Lunch Break

02.00 to 03.00 – SES & ETE Course  
Orientation

03.00 to 04.00 – Creative Arts & Culture  
(Terracott Work )  
Mrs.Prema Ramesh

04.00 to 05.00 – Games

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# 17.03.2021

10.00 to 10.30

Perception Game Introduction to Achievement  
Motivation (Dr.K.P.Shanmuga Vadivu)

10.30 to 11.00 – Story Writing

11.15 to 1.00 – Who am I? ( Tutorial Groups)

2.00 to 03.00

Achievement Motivation  
Why am here? ( Tutorial Groups)

03.00 to 04.30

Ring Toss Game Discussion  
(Dr.K.Kamla Devi) & Evaluation of Day's  
Work (Dr.K.P.Shanmuga Vadivu)

04.30 to 05.00 – Games

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# 18.03.2021

10.00 to 10.30

Perception Game & TAT Components  
(Dr.V.Arulsevi)

10.30 to 11.00

Story Writing (Dr.R.Selvamathi Sugirtha )

11.15 to 1.00

Role Play & Explanation  
(Mrs.A.Kavitha & Dr.R.Saraswathy)

2.00 to 03.00

Flanders Interaction Analysis, Explanation,  
Demonstration (Dr .V.Priya & Dr D.Kavitha)

03.00 to 04.30

Blind Fold Activity & Discussion and  
Conclusion (Dr.S.Velvizhi)

04.30 to 05.00 – Games

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# 19.03.2021

10.00 to 11.00 – Extra Curricular Activities,  
Oratorical Competition

11.00 to 12.00 – Essay Competition

12.00 to 1.00 – Debate / Music

2.00 to 04.00 – Dance / Skit / Drama / Role  
Play / Mime / Street Play

04.00 to 05.00 – Games

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# 20.03.2021

10.00 to 11.00 – Visit to Local Area Salem  
Museum

11.00 to 12.00 – Archaeology Visit in Salem,  
Pre & Post Independence

2.00 to 4.00 – Ramanujar Manimandapam  
Picnic, Erumapalayam

04.00 to 05.00 – Games

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## **REPORT ON STUDENTS INDUCTION PROGRAMME - 2020**

**12.03.2021 to 20.03.2021**

On 12-03-2021, student's induction programme was inaugurated with the blessings of Yatiswari Vinayaka Priya Amba, the Secretary. The inaugural function was started with prayer. Dr.S.Santhi, Principal welcomed the gathering. Dr.T.Nagavalli, former Associate Professor of Mathematics and alumini of our college gave the inaugural address. In her address, she shared her experience and oriented about the institution and explained the core values. The second session was an ice breaking session. It was carried out by Mrs R.Mythili, psychiatric counselor and life skill trainer.

The post lunch session was carried out by Mrs. A.Kavitha, librarian, of our college. In that session, she asked the students to read a book either in Tamil or English in order to check students' reading fluency.

The last session of the day was handled by Mrs. Prema Ramesh, technical training instructor. This session was very interesting and students gained information regarding creative arts and cultural painting. In that session, students understood different types of painting. At the end of the day, students were engaged with new games by our physical directress Dr.S.Velvizhi.

On 13-03-2021, the second day of the induction programme started with reading of the previous day report; In continuation with that, physical wellness activity and yoga were taught by Dr.S.Velvizhi. They were practised by all students. The next session was on literary activity which was handled by Dr.K.Kamla Devi; In the afternoon session, Fresher's Day was celebrated with lots of activity and entertainment. The senior students welcomed the first year students wholeheartedly. The last session was handled by Dr.S.Velvizhi who gave orientation about the four houses and sports club. After that, sports secretary was elected and the day came to end.

On 15-03-2021, the third day of the session was started with prayer followed by the previous day report. The first session was handled by Dr.S.Santhi, Principal, who gave orientation about the college and Dr.R.Selvamathi Sugirtha, Controller of Examination, SSCE, gave orientation about the courses in B.Ed programme. The next session was handled by Dr.N.Anuradha, Assistant Professor of History, Sri Sarada College for Women, Salem. She gave a lecture on the topic "Mentoring human values and Indian Constitution" which was really informative and useful. The post lunch session was handled by Dr.V.Arulselvi: she gave

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orientation about the core course 'Foundations of Education'. The last session was followed by sports activities such as badminton and volleyball under the supervision of Dr.S.Velvizhi.

On 16.03.2021, after report reading, the first session was handled by Dr.R.Saraswati; she gave orientation about the core course 'Innovations in Education'. The next session was handled by Mrs.A.Kavitha; in that session literacy programme was conducted.

The afternoon session was handled by all the pedagogy teachers; they gave orientation regarding their respective pedagogy courses and SES-Peace education course was oriented by Mrs.Parkavi. The session was handled by Mrs.Prema Ramesh; she gave hand on training in Terra cotta work.

On 17.03.2021, after report reading, the forenoon session was handled by Dr.K.P.Shanmuga Vadivu; she gave orientation about SWAYAM courses, elaborated how to enroll in the courses, and explained about the importance and the login details of SWAYAM courses.

The afternoon class was handled by Dr.K.Kamala Devi who gave orientation about skill oriented courses. The students were divided into eight tutorial groups and assigned their tutors. The last session was filled with physical activities and games which was monitored by Dr.S.Velvizhi.

In the forenoon 18.03.2021, Talent Search program was conducted; students were divided into four groups; spotting their inherent potentials was the aim of the context; they gave variety of cultural programmes in groups. Feedback was given by faculty members at the end of the programme.

On 19.03.2021 election campaign for Student Council was conducted. The candidates were nominated for the president and secretary posts. Polling was conducted, votes were counted and the final result was announced by Dr.S.Santhi, Principal. Ms.S.Sowmya was elected as the president and Ms.V.Megar Fathima was elected as the secretary. After the Achievement Motivation seminar was begun by Dr.K.P.Shanmuga Vadivu. She explained about Edgar Dale's cone of experience and perception games. Following this 'story writing' session was conducted.

In the afternoon, 'Who am I? and Why am I here?' Session were handled by all the tutorial staff members; After that 'Ring Toss' game was conducted to orient students about fixing their goal right which was conducted by Dr.Kamala Devi. (In the 'Blind fold game' which was interestingly enjoyed by the students, the nuances of guidance and proper instruction were learnt through experiential method).

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On 20.03.2021, with the previous day report, the first session was on ' TAT components' which was explained by Dr.V.Arulselvi; the next session was followed by story writing; students were asked to rewrite the story with the help of TAT components. The following session was role play which was enacted by our students assuming the different roles by two types of family such as motivating parents and demotivating parents. In the afternoon session Flanders Interaction Analysis was explained by Dr.D.Kavitha. The last session was blindfold activity conducted by Dr.S.Velvizhi.

In this way, Diksharambam or Students Induction Programme was successfully held for eight day with varied activities.

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## Orientation about the college



## Orientation aboutn the programme



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## Yoga for stress management



## Perception games and TAT components 20.03.2021



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## Role play and explanation 20.03.2021



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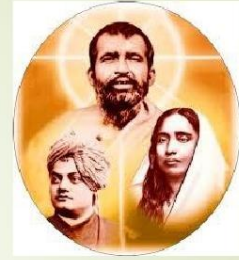
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## **STUDENTS INDUCTION PROGRAMME FOR B.ED/M.ED (2019-2020)**

Time : 10.00 a.m. to 05.00 p.m.

Date:  
19.08.2019

Venue : Multipurpose Hall  
Sri Sarada College of Education  
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## **SCHEDULE**

- 10.00 – 10.30 – Inauguration
- 10.30 – 11.30 – Introductory Session
- 11.30 – 11.45 – Break
- 11.45 – 01.00 – Orientation about the College Dr.S.Santhi
- 01.00 – 01.45 – Lunch
- 01.45 – 03.00 - Orientation about the Programme Dr.R.Selvamathi Sugirtha
- 03.00 – 05.00 - Freshers Day Celebration Welcoming the Junior



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### **REPORT ON STUDENTS INDUCTION PROGRAMME – 2019**

On August 19, 2019, Dr.S.Santhi provided the **orientation about the college**. This was followed by the **orientation about the program**, which was given by Dr.R.Selvamathi Sugirtha on the same day.

**Freshers day celebration** was conducted on 06.09.2019 for welcoming the new students joined in the college. To establish the friendly relations between the junior and senior students various programmes were organized by the second year B.Ed students.

Talent search programme for first year B.Ed students was conducted on 06.09.2019, 16.09.2019 and 17.09.2019 Students were divided into 6 tutorial groups. The first, second Tutorials staged their performances on the first day while on the second day third and fourth tutorials showcased their performances and on third day remaining tutorials exposed their talents.

**Achievement motivation programme** was conducted on 30<sup>th</sup> and 31<sup>st</sup> August, 2019 for the first year B.Ed and M.Ed students. The first session was initiated with perception game which was followed by the introduction of achievement motivation by Dr KP Shanmuga Vadivu. The introduction increased the curiosity and interest in the programme. Then it was followed by the concept of story writing. This session was handled by Mrs V. Arulselvi. Four pictures were projected on the LED screen, and students were asked to construct a story from the pictures that have been shown to them. This was followed by the “Who am I?” session. This session was managed by concerned teachers of 8 tutorials.

The students were let free in expressing their personal ideas and personal desires. Views etc. This was followed by the next session “Why am I here?” In this session students answered the questions expressing their own opinions. The next programme was “Ring toss game” which made the students enthusiastic to take part. The students were segregated lighter faced on the tutorial groups with the allotment of concerned tutorial staff. The students enjoyed this session to the core and at last Dr K. Kamala Devi interpreted the scores. The second day programme was commenced with the report of the previous day activities. After that TAT pictures were shown to them and they were asked to write a story based on the pictures. Story writing was followed by the explanation of TAT components by Mrs V.Arulselvi, who later encouraged the students to rewrite the stories. Then role plays were enacted by students which were based on Autocratic and Democratic parents. This was followed by Flander’s interaction analysis. This session was handled by Dr D Kavitha. This achievement motivation program was finally enveloped with “Blind fold” game. Finally, the conclusion was given by Dr.K.P.Shanmuga Vadivu, Assistant Professor of Education.

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**WHO YOU ARE TOMORROW,  
BEGINS WITH  
WHAT YOU DO TODAY**



**Achievement Motivation Seminar**

**Aug 30-31, 2019**

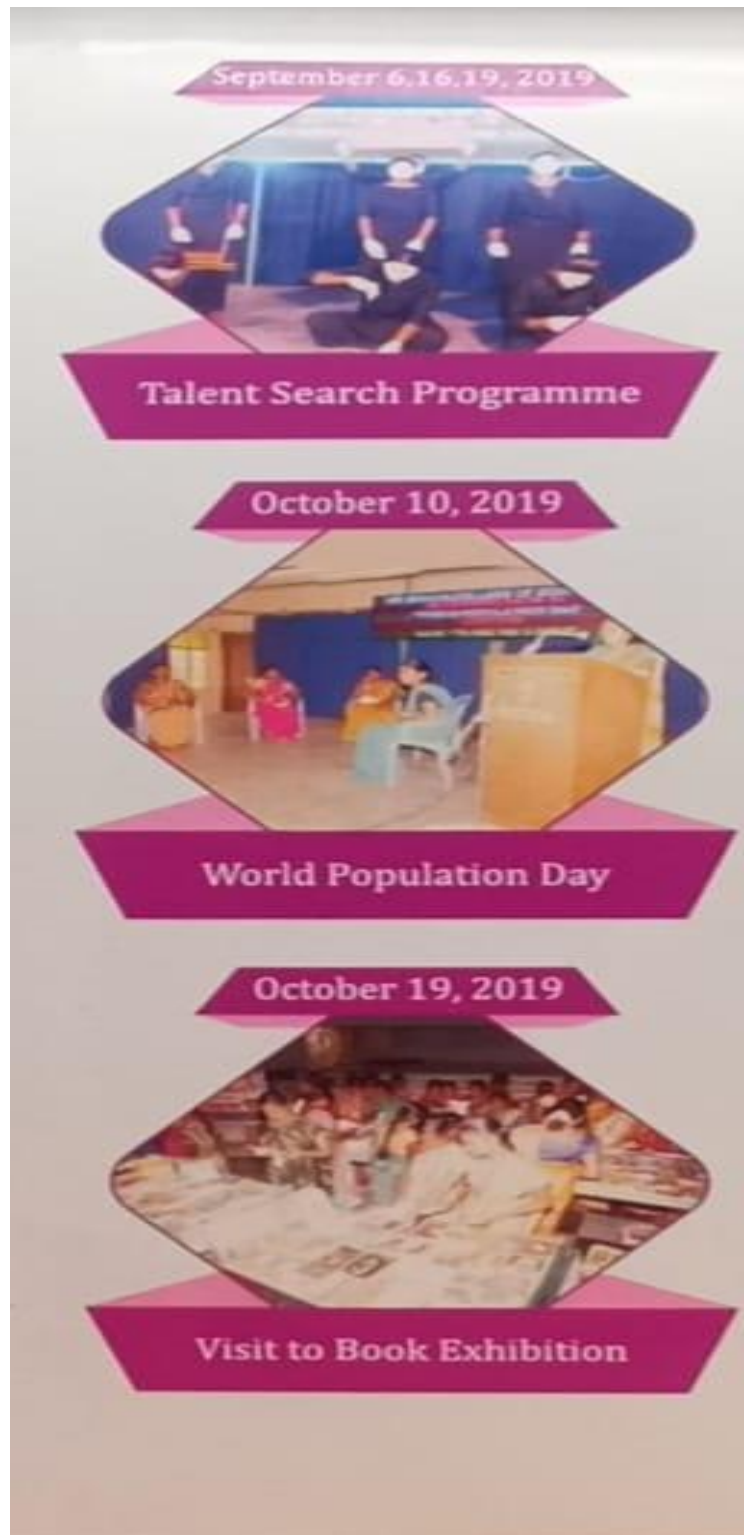
**Achievement Motivation For I B.Ed and I M.Ed**

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## **STUDENTS INDUCTION PROGRAMME FOR B.ED (2018-2019)**

Date: 01.08.2018  
Time : 10.00 a.m. to 05.00 p.m.

### **Venue**

Multipurpose Hall  
Sri Sarada College of Education (Autonomous), Salem-16

## **SCHEDULE**

- 10.00 – 10.30 – Inauguration
- 10.30 – 11.30 – Introductory Session
- 11.30 – 11.45 – Break
- 11.45 – 01.00 – Orientation about the College Dr.S.Santhi
- 01.00 – 01.45 – Lunch
- 01.45 – 03.00 - Orientation about the Programme Dr.R.Selvamathi Sugirtha
- 03.00 – 05.00 - Freshers Day Celebration Welcoming the Junior

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## **REPORT ON STUDENTS INDUCTION PROGRAMME – 2018**

On August 1, 2018, Dr. S. Santhi provided the **orientation about the college**. This was followed by the **orientation about the program**, which was given by Dr.R.Selvamathi Sugirtha on the same day.

**Freshers' day celebration** was conducted on 1.8.2018 for welcoming the new students joined in the college. To establish a friendly relationship between the junior and senior students. Various programmes were organised by the second year B.Ed. students.

From August 10, 2018, to August 14, 2018, a **tutorial-wise talent search program** was conducted, during this event, students were given the opportunity to showcase their various talents and skills.

**Achievement motivation programme** was conducted on 18.09.2018 and 19.09.2018 to the first year B.Ed and M.Ed Students. The first session was initiated with Perception game and about the introduction of achievement motivation by Dr.K.P.Shanmuga Vadivu. The introduction was the catalyst to ignite the students' curiosity and interest in this programme. Then it was followed by the concept of story writing. This session was handled by Dr. R.Selvamathi Sugirtha. Four pictures were projected on the LED screen, and the students were asked to construct a story from the pictures that have been shown to them. This was followed by who am I? Programme. This session was looked after by tutorial concerned teachers. The students were let free in expressing their personal ideas and personal desires, views etc. This was followed by the next concept "Why am I here?" In this session students answered the questions in their own opinions. The next programme was "Ring toss game" which made the students enthusiastic in took part in themselves. The Students were segregated based on their tutorial groups with the allotment of the concerned tutorial staff. The students enjoyed this session to the core and at last Dr.V.Priya interpreted the scores.

The second day programme was commenced with the TAT components. 11 components presented in TAT were explained by Mrs. V.Arulselvi. and it was followed by interpretation of story writing by Dr.K.P.Shanmuga Vadivu. Then role play was enacted by students which were based on Autocratic and Democratic parents. This was followed by Flander's interaction analysis. This session was handled by Dr.K.Kavitha.. This achievement motivation programme was finally enveloped with the 'Blind folded game. Students with their paired peer members played this game. Finally, the conclusion was given by Dr.S.Velvizhi.

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## Criterion - V Student Support and Progression

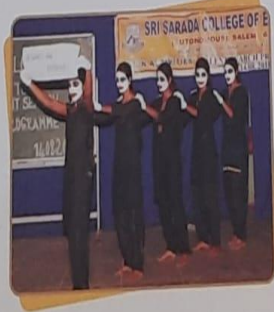
### FRESHERS DAY CELEBRATION



Freshers day celebration was conducted on 01.08.2018 for welcoming the new students joined in the college. To establish a friendly relationship between the junior and senior students various programmes were organized by the second year B.Ed students.

### TALENT SEARCH PROGRAMME

Talent search programme for first year B.Ed students was conducted on 10.08.2018, 13.08.2018 and 14.08.2018. Students were divided into 6 tutorial groups. The first and second Tutorials staged their performances on the first day while on the second day third and fourth tutorials showcased their performances and on the third day remaining tutorials exposed their talents.





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**STUDENTS  
INDUCTION PROGRAMME  
FOR B.ED (2017-2018)**

**Date: 02.08.2017**

**Time : 10.00 a.m. to 05.00 p.m.**

**Venue**

**Multipurpose Hall  
Sri Sarada College of Education (Autonomous), Salem-16**

**02.08.2017**

- **10.00 – 10.30 – Inauguration**
- **10.30 – 11.30 – Introductory Session**
- **11.30 – 11.45 – Break**
- **11.45 – 01.00 – Orientation about the College Dr.C.Janagavalli**
- **01.00 – 01.45 – Lunch**
- **01.45 – 03.00 - Orientation about the Programme Dr.S.Santhi**
- **03.00 – 05.00 - Freshers Day Celebration Welcoming the Junior**

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### **REPORT ON STUDENTS INDUCTION PROGRAMME -2017**

On second August 2017 the B.Ed. students were **oriented about the college and the program** also the details were explained by the principal of the college.

**Freshers' day celebration** was conducted on 2.8.2017 for welcoming the new students joined in the college. To establish a friendly relationship between the junior and senior students various programs were organised by the second year B.Ed. students.

From August 22, 2017, to August 24, 2017, a **tutorial-wise talent search program** was conducted, during this event, students were given the opportunity to showcase their various talents and skills.

**Achievement Motivation seminar** was conducted for B.Ed. I year students on 20<sup>th</sup> and 21<sup>st</sup> October, 2017. The Principal of the college Dr.C.Janakavalli commenced the seminar with a perception game which induced the thinking skill of students. Dr.K.P.Shanmuga Vadivu, Assistant Professor of Education oriented the students about the seminar and gave a befitting introductory talk. She continued the second session 'Story Writing'. The students were asked to write stories after showing three pictures. The stories written individually were collected later. In the afternoon session, students were divided in six tutorials for 'Who am I? and Why am I here?' sessions. They interacted with their respective tutorial staff members in those sessions about their successes, failures, motivating factors and the factors and the purpose of attending the seminar. In the fourth session 'Ring Toss Game' was conducted for students. They were thrilled to play the game. Discussion on Ring Toss game was given by Dr.V.Priya, Assistant Professor of Physical Science, in which students came to know about the probability of success and how to fix the goal which should be feasible to achieve. Evaluation of the first day's activities was done by Dr.K.P.Shanmuga Vadivu.

The second day session started with the reports read by the tutorial group leaders. That was followed by another perception game and Dr.K.P.Shanmuga Vadivu explained the components of Thematic Apperception Test. This was followed by reviewing the stories written by the students based on the components which was handled by Dr.R.Selvamathi Sugirtha, Assistant Professor of Biological Science. At 12 noon, Role play on Nurturing Parents and Demotivating parents was conducted by students under the guidance of Dr.S.Santhi, Assistant Professor of History and Dr.K.Kamala Devi. Flanders' Interaction Analysis was the topic of the first afternoon session conducted by Dr.S.Santhi. She explained the ten elements and how to fill up the matrix. Mrs.R.Saraswathy and Dr.K.Kamala Devi demonstrated democratic and Autocratic classes respectively, for which the students encoded

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the ten elements and filled the matrix. The discussion of these classes with the students' matrices was done by Dr.K.Kamala Devi. In the final session 'Blind fold' activity was conducted by Dr.K.P.Shanmuga Vadivu. The students were divided in pairs and one had to be blindfolded. They were directed to reach a destination after taking a long route and having a snack item. Their experiences were listened and discussion was given by Dr.S.Santhi. The seminar came to an end with the day's evaluation and concluding statement of Dr.K.P.Shanmuga Vadivu.

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opportunity to meet him during their school days

### **TALENT SEARCH PROGRAMME**



Talent search programme for first year B.Ed students was conducted from 22.08.2017 to 24.08.2017. Students were divided into 6 tutorial groups. The first and second Tutorials staged their performances on the first day while on the second day third and fourth tutorials showcased their performances and on the third day remaining tutorials exposed their talents.

Sri Sarada College of Education,  
School, Vellimalai, Villupuram District

### **ACHIEVEMENT MOTIVATION SEMINAR**



On 20<sup>th</sup> and 21<sup>st</sup> October, 2017 Achievement Motivation seminar was conducted for first year B.Ed. and M.Ed students.

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