



SRI SARADA COLLEGE OF EDUCATION (AUTONOMOUS), SALEM- 16

Affiliated to Tamil Nadu Teachers Education University, Chennai

Re-Accredited by NAAC with “A” Grade (III Cycle)

LIST OF VALUE-ADDED COURSES BROUCHER WITH CLO'S

Principal

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LIST VALUE ADDED COURSE

S.NO	Year	Name of the value added course
1	2017 - 2018	Yoga Education
2		Communicative English
3		Life Skills



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CERTIFICATE COURSE – COURSE LEARNING OBJECTIVES

CLO	YOGA EDUCATION
	On completion of this course, the student teacher will be able to
CLO-1	acquire knowledge on history of yoga.
CLO-2	distinguish the various forms of yoga.
CLO-3	demonstrate asana as therapeutics.
CLO-4	apply pranayama and kriya in their daily life.
CLO-5	choose simple and balanced diet for healthy life



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Certificate Course YOGA EDUCATION

2017 - 2018

Course Learning Outcomes

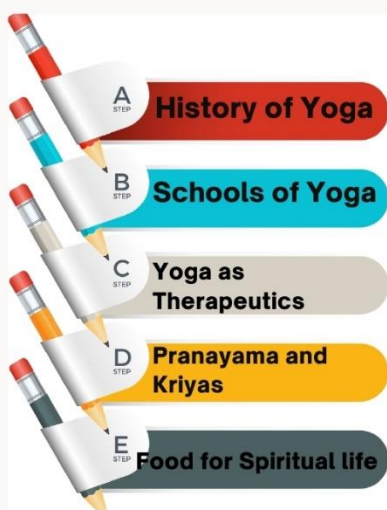
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- acquire knowledge on history of yoga.
- distinguish the various forms of yoga.
- demonstrate asanas as therapeutics.
- apply pranayama and kriya in their daily life.
- choose simple and balanced diet for healthy life.

Course Instructor

Dr. S Velvizhi
Physical Director

Duration :32 Hours
Credits: 2
Class Time: 9.00 - 9.40am



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CLO	COMMUNICATIVE ENGLISH
	On completion of this course, the student teacher will be able to
CLO-1	Speak with proper pronunciation, stress and intonation.
CLO-2	Read with comprehension and find out the central theme of the read article.
CLO-3	Identify the grammatical errors and know how to correct them.
CLO-4	Demonstrate her enhanced word power.
CLO-5	Develop etiquettes in her communication



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CERTIFICATE COURSE COMMUNICATIVE ENGLISH

Course Learning Outcomes

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- Read with comprehension and find out the central theme of the read article.
- Identify the grammatical errors and know how to correct them.
- Demonstrate her enhanced word power.
- Develop etiquettes in her communication.

2017 - 2018



Key Areas

01 Introduction to Basic Language Skills

02 Fundamental Grammar

03 Vocabulary Enrichment

04 Basic Language Acts

05 Language for Effective Communication

COURSE INSTRUCTOR

Dr. K Kamala Devi
Assistant Professor of English

Credits:
2

Duration:
32 Hours

Class Timing
09.00 - 09.40 AM

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CLO	LIFE SKILLS EDUCATION
	On completion of this course, the student teacher will be able to
CLO-1	acquire knowledge on common life skills suggested for young people
CLO-2	analyze the contribution of development theories in life skills development
CLO-3	appreciate the concept and objectives of the life skills education
CLO-4	classify the core life skills
CLO-5	realize the importance of life skills, and understand the need to manage their environment



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Certificate Course 2018 - 2019 Life Skills Education



Course Learning Outcomes

At the completion of this course, the student teacher will be able to

- acquire knowledge on common life skills suggested for young people
- analyze the contribution of development theories in life skills development
- appreciate the concept and objectives of the life skills education
- classify the core life skills
- realize the importance of life skills, and understand the need to manage their environment

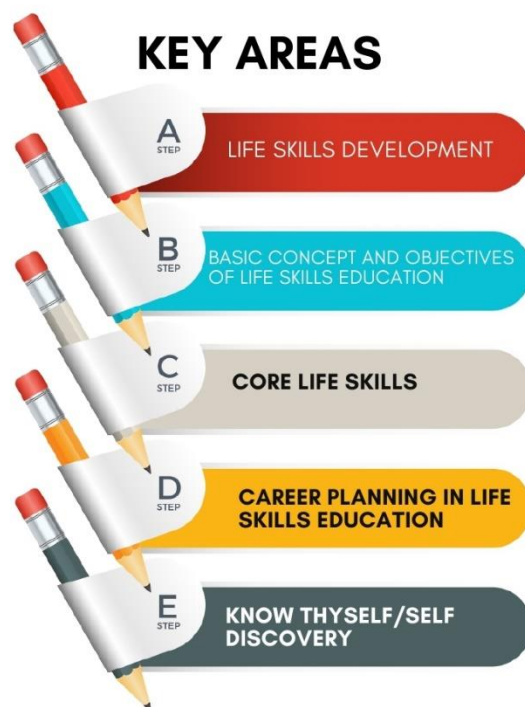
LifeSkills Education



Course Instructor

Dr. R Selvamathi Sugirtha
Assistant professor of Bio. Science

KEY AREAS



Class Time : 9.00 - 9.40am

Duration :32 Hours

Credits: 2

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