

SRI SARADA COLLEGE OF EDUCATION (AUTONOMOUS), SALEM- 16

Affiliated to Tamil Nadu Teachers Education University, Chennai Re-Accredited by NAAC with "A" Grade (III Cycle)

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Principal

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S.NO	Year	Name of the value added course
1		Yoga Education
2	2018 - 2019	Communicative English
3		Personality Development



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<u>CERTIFICATE COURSE – COURSE LEARNING OBJECTIVES</u>

CLO	YOGA EDUCATION					
	On completion of this course, the student teacher will be able to					
CLO-1	acquire knowledge on history of yoga.					
CLO-2	distinguish the various forms of yoga.					
CLO-3	demonstrate asana as therapeutics.					
CLO-4	apply pranayama and kriya in their daily life.					
CLO-5	choose simple and balanced diet for healthy life					



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Certificate Course YOGA EDUCATION 2018 - 2019

Course Learning Outcomes

At the completion of this course, the student teacher will be able to

- acquire knowledge on history of yoga.
- distinguish the various forms of yoga.
- demonstrate asanas as therapeutics
- apply pranayama and kriya in their daily life.
- choose simple and balanced diet for healthy life.

Course Instructor

Dr. S Velvizhi Physical Director

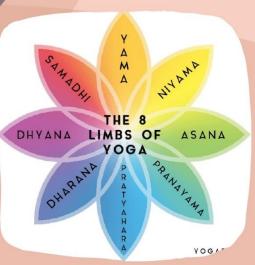
Duration: 32 Hours

Credits: 2

Class Time: 9.00 - 9.40am

Key Areas

- History of Yoga
- Schools of Yoga
- Yoga as Therapeutics
- Pranayama and Kriyas
- Food for Spiritual life





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CLO	COMMUNICATIVE ENGLISH			
	On completion of this course, the student teacher will be able to			
CLO-1	speak with proper pronunciation, stress and intonation.			
CLO-2	read with comprehension and find out the central theme of the read article.			
CLO-3	identify the grammatical errors and know how to correct them.			
CLO-4	demonstrate her enhanced word power.			
CLO-5	LO-5 develop etiquettes in her communication			



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CERTIFICATE COURSE COMMUNICATIVE ENGLISH

Course Learning Outcomes

2018 - 2019

At the completion of this course, the student teacher will be able to

- Speak with proper pronunciation, stress and intonation.
- Read with comprehension and find out the central theme of the read article.
- Identify the grammatical errors and know how to correct them.

• Demonstrate her enhanced word power.

• Develop etiquettes in her communication.

Key Areas

Introduction to Basic Language Skills

COURSE INSTRUCTOR

Dr. K Kamala Devi Assistant Professor of English

Credits: 2 Duration: 32 Hours

Class Timing 09.00 - 09.40 AM

Fundamental Grammar

Vocabulary Enrichment

Basic Language Acts

Language for Effective Communication

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CLO	PERSONALITY DEVELOPMENT		
	On completion of this course, the student teacher will be able to		
CLO-1	understand the concept of personality and personality development and its significance.		
CLO-2	identify the concept of attitude and motivation.		
CLO-3	acquire knowledge of self esteem		
CLO-4	understand the importance of interpersonal relationship		
CLO-5	develop various traits required for personality development		



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Certificate Course

PERSONALITY DEVELOPMENT

Course Learning Outcomes

At the completion of this course, the student teacher will be able to

- understand the concept of personality and personality development and its significance.
- identify the concept of attitude and motivation.
- acquire knowledge of self esteem
- understand the importance of interpersonal relationship
- develop various traits required for personality development

Key Areas



COURSE INSTRUCTOR

Dr. K P SHANMUGAVADIVU Assistant Professor of Education



Class Time 9.00 - 9.40 am Duration :32 Hours Credits: 2

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