



## *SRI SARADA COLLEGE OF EDUCATION (AUTONOMOUS), SALEM - 16*

*Criteria - II : Teaching Learning and Evaluation*

*KEY INDICATOR : 2.2 HONOURING STUDENT DIVERSITY*

*Metric No : 2.2.1. Assessment process is in place at entry level to identify different learning needs of students and their level of readiness to undergo professional education programme and also the academic support provided to students*

*2.2.1 (C) Any other relevant information*

*Details of Guests*

**Sri Sarada College of Education (Autonomous), Salem – 636 016**

Re-Accredited with 'A' Grade by NAAC (III Cycle)  
Affiliated to Tamil Nadu Teachers Education University, Chennai



## **Sri Sarada College of Education (Autonomous),**

### **Salem – 16**

#### **Details of Guests for Students Induction Programme – 2017 -2020**

Dr. T.Nagavalli, Alumnae & Asso. Prof. of Mathematics, SSCE

Ms.K.Mythili, Psychologist & Counsellor, Phoenix Counselling Centre, Salem

Mr.G.Gopal, Health Educator, Deputy Director of Medical Services (Leprosy), Salem

Dr.Anuradha, Asst. Prof., Dept. of History, Sri Sarada College for Women, Salem

Mrs.Arul Selvi, Motivational Speaker,

Dr. B.Gayathri, Bharat Wellness Centre, Salem

All the Faculty members

**Sri Sarada College of Education (Autonomous), Salem – 636 016**

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**BIO-DATA**  
**Dr.T.NAGAVALLI**

**General Information**

Name : T.Nagavalli,  
Designation : Associate Professor of Mathematics  
e-mail : tnsaradacoe@gmail.com

**Academic Qualifications**

Examination Passed	Board/University Subjects – Year	Division
High School (XI)	State Board Secondary Education, Madras – 1974	I Class
Pre University	Madurai University, Madurai – Maths, Physics, Chemistry – 1975	I Class
B.Sc.,	Madurai Kamaraj University, Madurai – Maths, Physics, Statistics – 1978	I Class
M.Sc.,	Madurai Kamaraj University, Madurai – Maths – 1984	I Class
B.Ed.,	Madurai Kamaraj University, Madurai – English, Maths – 1986	I Class
M.Ed.,	Madurai Kamaraj University, Madurai – 1988	I Class
M.Phil.,	University of Madras, Chennai – 1995	I Class
Others (BLISC)	Madurai Kamaraj University, Madurai – 1992	II Class
Ph.D.	Periyar University, Salem- 2006	

**Teaching Experience**

Courses taught	Name of University/College	Duration
U.G. (B.Ed.)	Sri Sarada College of Education (Autonomous), Salem	From 03-01-1994 onwards
P.G. (M.Ed.)	Sri Sarada College of Education (Autonomous), Salem	From August 1995 to April 2000& 2005 onwards
M.Phil. (Education)	Sri Sarada College of Education (Autonomous), Salem	From 1996

Research Guidance Eligibility Approval issued by Periyar University. Salem:

**M.Phil.: PU/R/B5/13172/2005 dated 21/11/2005**

**Ph.D.: PU/R/B5/ 07296/2007 dated 28/08/2007**

**M.Phil Distance: PRIDE/ PU/M.Ed.1071/2006 dated 30/11/2006**

**Research Contribution:**

a) Number of students (M.Phil./Ph.D)

	At the beginning of the year	Registered during the year	Completed during the year
M.Phil.	1998-1999	1998 -1	1 (1999)

	1999-2000 2000-2001 2001-2002 2002-2003 2004-2005 2005-2006 2006-2007	1999 -1 2000 -1 2001 -3 2002 -1 2004 -1 2005 -2 2006 -23	1 (2000) 1 (2001) 2(2002) 1(2003) 1 (2005) 2(2006) 8 (2007)periyar Uni.  12(2007)Annamalai Uni.
Ph.D.	2007-2008	2007 -4	

### **Details of Publication in Journals**

S.No	Title of the Article	Journal	Volume& Year
1.	Inter Personal Disclosure Style and Empowerment Readiness of Prospective Teachers	Reaserch and Reflections on Education- A Quarterly Journal, St.Xaviers' College of Education, Pajayamkottai	Vol:05 No.01 Jan-Mar 2007
2.	Self Evaluation in Student Teaching	The Indian Educational Researcher, Stella Matutina College of Education, Chennai	Vol:1 Issue.1 March 2007
3.	Status Study on Activity Based Self Learning	EDU TRACKS-A Monthly Scanner of Trends in EDUCATION	Vol:7 Issue.10 June 2008
4.	Personality and Inter Personal Disclosure Style of B.Ed. Trainees	EDUTERATE- Biannual- N.K.T. National College of Education, Chennai-5	Vol:4 Issue:1 September 2008
5.	A Study on Self Concept and Literacy of Female Adults	Journal of Community Guidance and Research- An Interdisciplinary Journal Published every Four Months	Vol:26No.:1 March 2009

### **Workshop / Seminars Organized and Edited the Seminar Volumes in Sri Sarada College of Education, Salem.**

03-04	04-05	05-06	06-07	07-08	08-09	09-10	10-11
2	2	2	5	3	4	2	2

### **U.G.C. Sponsored Workshop -1; U.G.C. Sponsored Seminar-2; NAAC Sponsored Seminar-1**

### **Details of Seminars / Conferences Participated**

03-04	04-05	05-06	06-07	07-08
2	1	-	1	2

### **Paper presentation in other Institutions**

04-05	05-06	06-07	07-08	08-09	09-10
1 (N.C.)	-	2(N.C. &N.S.)	9 -(I.C.2), (N.S- 4 Sponsored), (N.S.-2), (N.W -1)	11 (IC -2, Sponsored (N.S.- 5 Sponsored) S.L.-2 I.C.-2	8 (IC -2), (N.S.- 5) Sponsored S.L.-1

N.S –NATIONAL SEMINAR, I.C – INTERNATIONAL CONFERENCE  
N.W – NATIONAL WORKSHOP, S.L-STATE LEVEL SEMINAR

### **Details of Extension / In-service Training Programme organized Organized / acted as Resource Person**

03-04	04-05	05-06	06-07	07-08	08-09	09-10
1	2	-	3	-	5	2

### **Curriculum Framework for High and Higher Secondary Schools – convened by the Director of School Education, Chennai**

03-04	04-05	05-06	06-07
2			2

### **Details of Publication in Journals**

06-07	07-08	08-09
2	2	1

### **Details of M.Ed. Dissertation Guidance**

05-06	06-07	07-08	08-09	09-10	10-11
6	5	4	4	4	

### **Details of M.Phil. Dissertation Guidance**

03-04	04-05	05-06	06-07	07-08	08-09	09-10
1	1	2	2	20	6	6

### **EDITORSHIP**

1. COLLEGE MAGAZINE – FROM 1998 TO 2003, 2005 TO
2. FRONTIERS OF KNOWLEDGE FROM VOL V TO
3. NEWS LETTER FROM 2006-07 ONWARDS
4. ALL SEMINAR VOLUMES FROM 2000 ONWARDS

## **5. RESEARCHERS DIGEST- From 2007.08 onwards**

### **MINOR PROJECT**

Centre for Educational Research, Madurai Kamaraj University, Madurai has sanctioned Rs.60,000 for Minor Research Project on “AN INVESTIGATION OF INNOVATION AND BEST PRACTICES IN ICT EDUCATION IN TEACHER EDUCATION” for a period of one year from November 2008-October 2009 Report has been submitted.

# MYTHILI RANGARAJAN

📞 +91-9443565200 | ✉ likephoenix@hotmail.com | **in** <https://www.linkedin.com/in/mythili-rangarajan-84b885234>

**Interventional and dedicated Life Skills Counsellor focuses on helping people discover their inner strengths and guides about strategies related to attaining personal and professional goals.**

**Mental Health Therapist ▶ Case Management ▶ Behaviour Analysis ▶ Treatment Planning ▶ Solution Focused**

Seeking career enriching assignments to work as a Medical Social Worker, Mental Health Counsellor, School Coordinator, Student Welfare Officer, Child Protection Counsellor with Corporate/Hospital/School/College/NGO of high repute.

Masters in Social Work Medical and Psychiatric with 16+ years of experience in offering counselling, therapy, clinical psychology, and facilitating Life skill workshops in Colleges, High Schools, and Corporates. Proficiently counsel the clients on emotional issues, career confusions, relationship issues, suicidal prevention, youth counselling, stress management, blood donation, eye donation, geriatric counselling, grief counselling, and personal enhancement skills such as self-esteem, mental blocks, self-defeating beliefs, communication skills, depression, study skills, etc.

Far-sighted professional who possesses a direct & loving approach to transforming the clients by guiding them to achieve the next level of success with greater confidence and efficiency through Holistic and Transformational Wellness programs. Manages problems & complexities with ease. Well-versed in Human Resource Management, Colour Therapy, Cognitive Behaviour Therapy, and NLP.

## CORE COMPETENCIES

Needs Assessment	Resource Linking	Counselling Techniques
Group & Individual Sessions	Crisis Intervention	Training and Education
Collaboration	Quality Services	Client Confidentiality
Talk Therapy	Motivational Interviewing	Anger Management
Substance-related Disorders	Depressive Disorders	Life Skills
Excellent Communication Skills	Strong Analytical Skills	Qualitative Research

## WORK EXPERIENCE

### Professional Counsellor and Life Skill Trainer, Jul 2013 – Present

Freelancer

*Dedicated to improving mental health and meeting the needs of the generation. Bringing healing to people who have been through a traumatic/stressful experience. Helping clients including children, adults & families, to find healthy perceptions of themselves as peaceful, complete, whole, and safe. Applying different approaches for every individual with a range of modalities.*

- Working as a Freelancer with different schools, colleges, and hospitals for conducting Life Skills Training.
- Conducting life skills sessions based on the needs and promoting one's own strength including counselling sessions whenever required.
- Providing clients with coaching that assisted them in facing obstacles and provided the foundation for them to fulfill their goals and enrich their lives.
- Supporting the Clients by structuring and delivering customized programs in both a one-on-one and workshop environment.
- Counselling a plethora of walk-in clients across all ages and social strata on wide-ranging issues of concern such as emotional issues, Career confusions, relationship issues, personal enhancement skills- self-esteem, mental blocks, self-defeating beliefs, communication skills, depression, study skills, etc.

#### Highlights:

- **Honoured as a Chief Guest for women's day celebration at Jayarani College for Women, conducted an interactive session with students** about how to overcome fear.
- **Offered online counselling to those in need during this pandemic situation** to help them overcome their stress; stress management counselling plays a pivotal role during pandemics.
- Exhibited prowess in **conducting face-to-face & online counselling sessions for people worldwide** during COVID situation.
- **Meticulously counselled adolescent girls at a Girls' High School for overcoming fear, goal-setting, career guidance, problem-solving, and decision-making capabilities.**
- **Oriented the students about social work and career guidance as an alumna of Cauvery College for Women.** Invited as a Chief Guest from the Department of Social Work.
- **Gave suicidal prevention counselling at a Hospital on a call basis to the people in the age group of 12-80 years;** the impact was profound on more than **250 people's lives for better living.**

## Vasan Eye Care Hospital Salem, Tamil Nadu, India Sep 2008 – Oct 2012

Assistant Manager Operations

*Helmed strategic and operational oversight to the hospital to design, interpret and ensure effective implementation of policies, procedures, and administrative rules. Enhanced case management, program management, and clinical management with continuous process improvement techniques. Merit of interfacing with Patients, Attendants, MR, and Doctors.*

- Spearheaded general administration functions of Hospital; resolved employee grievances & common organizational problems and conflicts for better management,
- Supervised & ensured that all clinical policies and procedures within the Hospital meet the requirements of licensing or accrediting bodies.
- Reviewed and approved medical certificates, medical reimbursement, extensions, and special leave.
- Provided customer care services; supervised patient's admission & discharge practices and recovery of bills.
- Maintained medical and staff records, and patient health records including their admissions and insurance data, and counselled them on medication information to ensure better compliance.
- Liaised with Medical and Non-medical Staff for day-to-day activities of Hospital; imparted training and executed appraisal and development of Medical Administrative Staff.
- Organized camps, managed Doctors' Appointments for privileged Patients, Corporates tie-ups, etc.
- Educated patients about treatment options for different diseases, worked with specialists to provide in-depth education.
- Identified serious conditions and emergencies and immediately refer to a hospital for prompt care.

### **Highlight:**

- **Hold the credit for providing Visually Handicapped individuals with the privilege of vision including a 10-year-old boy through an effective eye donation counselling;** over 100 transgenders pledged their eyes for this noble cause.

## Indian Red Cross Society, Tamil Nadu, India Jun 2004 – Mar 2008

District Coordinator

*Elevated to tackle next-level challenges as a District Coordinator due to exemplary performance. Tasked to Counsel clients to help them understand and overcome their personal, social, and behaviour problems through various psychological methods and techniques. Entrusted with the responsibility of promoting the Humanitarian values and providing elementary health education.*

- Assessed, evaluated, and predicted behaviours by observing individuals and groups. Encouraged group participants to talk about and share their feelings during counselling sessions. Maintained a high level of customer security.
- Encouraged groups to expand community engagement and program reach. Coordinated with the Team for the program activities; provided feedback to the participants and recommendations for the process improvement.
- Organized blood donation camp. Educated students and the community about blood donation. Raised awareness on HIV/AIDS.
- Provided advice and support to the Management Team in improving quality of life and reducing absenteeism through health and psychological counselling. Imparted knowledge for the prevention of disease and health & hygiene issues.

### **Highlight:**

- Served as a Red Cross volunteer and regular blood donor thereby **saving many lives by donating the blood.**

## EDUCATION

M.A. (Social Work Medical and Psychiatric), Cauvery College for Women Trichy, India	1999
B.A. (Social Work), Cauvery College for Women Trichy, India	1997



**BIO DATA**

**Mr.G.GOPAL**

Mr.G. Gopal is renowned Health Educator and has the capacity of Deputy Director of Medical Services exclusively for Leprosy, Salem. He has 35 years of experience in the field of Leprosy and including 10 years of service in other public health programs.

## SELF APPRAISAL

**Dr.R.ANURADHA**

1. Name : **R.ANURADHA**
2. Designation : Assistant Professor
3. Department : History
4. Date of Birth : 28.05.1982
5. Gender : Female
6. Address for communication : 249,Rathna samy puram  
Arisipalayam,  
Salem -636009.
- Mobile : 9944099895
- E-mail : [anuradha.pugal@gmail.com](mailto:anuradha.pugal@gmail.com)
7. Date of joining Government Service : 11.12.2012
8. Total Yearsof Teaching Experience : 13 years
9. Cps Number : 7185614/EDN
10. Marital Status : Married.
11. Date of Probationary : 22.7.2018



## ACADEMIC QUALIFICATIONS

Sl.No	Exam Passed	Board/University	Subject	Year	Division Grade
1.	Bachelor Degree	Periyar University	History	April, 2002	I
2.	Master Degree M.A., (History)	Periyar University	History	April, 2004	I
3.	Research Degree M.Phil (History)	Periyar University	History	May, 2007	I
4	Bachelor Degree Education (B.Ed.,)	Periyar University	Education	April, 2005	I
5	Master Degree Education (M.Ed.,)	Periyar University	Education	April, 2006	I
6	Research Degree M.Phil (Education)	Periyar University	Education	May, 2008	I
7	Ph.D (History)	Bharathidasan University	History	Submitted	-

Sl.No	Research	Stage	Title of Work/Thesis	University where the work was carried out
1.	M.Phil (History)	Completed	Namakkal Narasimha Swamy Temple – A Study.	Periyar University
2.	M.Phil (Education)	Completed	Comparative Map Study for 9 <sup>th</sup> standard students	Periyar University
3.	Ph.D (History)	Submitted	Social, Economic and Cultural History of Salem District ( 1600 to 1900 A.D)	Barathidasan University

## DETAILS OF SET

Qualified the Tamilnadu STATE ELELIBILITY TEST ( SET ) for LECTURESHIP held on 7 th October 2012 in History.

( Reference Number – SET/ 06 / 03169

## AREAS OF INTEREST

Ancient history of Tamilnadu.

## PUBLICATIONS

S.No.	Name of the Book	Publication	Year	ISBN No.
1.	Namakkal Cave Temples Revisited	Kongunadu Publication	2017	978-93-86770- 73-8

Name of Faculty	Title of the Article	Name of Journal/Name of Edited Books/Online	Level (NL/IN L)	Article No. / Volume No. & Page No.
R.ANURADHA	Role of Higher Education in India	Emperor International Journal of Finance and Management Research Vol – III	INL	Article No-25 Volume No-III & Page No-212 -217
R.ANURADHA	Wife battering	Shanlax International Journal of Arts, Science and Humanities ( volume 2 special issue 1)	INL	Article No-13 Volume No-5 & Page No-63
R.ANURADHA	The Titles of Vanniyakula Kshatriyas -A Study	International Journal of Reseaech in Humanities and Social Science	INL	Article No-5 Volume No-4 & Page No-22-25
R.ANURADHA	Spread of Christianity in Salem	Journal of Emerging Technologies and Innovative Research	INL	Article No-nil Volume No-6 Issue-6 & Online Journal No-63975
R.ANURADHA	Formation of Salem	International Journal of Research and Analytical Reviews (IJRAR)	INL	Article No-nil, Volume No-6 Issue-2 & Online Journal No-43602

## SEMINARS and CONFERENCES ATTENDED

<b>Title of papers</b>	<b>Department of the journal</b>	<b>Name of the journal</b>	<b>ISSN number</b>	<b>Academic Year</b>
Role of Higher Education in India	Economics	Emperor International Journal of Finance and Management Research Vol – III	ISSN 2395-5929 Pg.No-212-217	2016 - 17
Wife battering	History	Shanlax International Journal of Arts, Science and Humanities ( volume 2 special issue 1)	2321-788x	2017- 18
The Titles of Vanniyakula Kshatriyas -A Study	Social Science	International Journal of Reseaech in Humanities and Social Science	2349- 8900	2017- 18
Spread of Christianity in Salem	History	Journal of Emerging Technologies and Innovative Research	2349-5162	2019-20
Formation of Salem	History	International Journal of Research and Analytical Reviews (IJRAR)	E-2348-1269, P-2349-5138	2019-20

**Number of books and chapter in edited volumes / books published and papers in national /international conference – proceedings.**

<b>Title of the book/chapters published</b>	<b>Title of the paper</b>	<b>Title of the proceeding of the conference</b>	<b>Name of the conference</b>	<b>National /international</b>	<b>Year of publication</b>	<b>ISBN/ISSN number of the proceeding</b>
Silhouette of South Indian history, Archeology, Epicgraphy, Culture and Tourism	Raja Raja the Great – An Empire Builder	Silhouette of south Indian History, Archeology , Epicgraphy, Culture and Tourism	The Chola Art&Architerture in south India with special reference to Rajendra - I	National	2016-17	Published a paper pg.683 ISBN:978-81-930-475-8-3
Tamil Nadu History Congress	Art And Architecture of the Sri Narasimha Swamy Temple ,Namakkal.	Tamil Nadu History Congress	Tamil Nadu History Congress	State	2016 - 17	Published a paper ISSN- 2319-3808 Pg.no-437
Quality of higher education in the digital Era - vol II	Higher Education in India	Quality of Higher Education in the Digital Era- vol II	Higher Education in the Digital Era Innovative teaching learing process	Regional	2016- 17	Published a paper pg.329 ISBN:978-93-81724-28-6
Teacher Education enhancing clean Indian & Green India in 21 th Century	Environmental Education in India	Teacher Education enhancing clean Indian & Green India in 21 th Century	Teacher Education enhancing clean Indian & Green India in 21 th Century	National	2017-18	Published a paper pg.64 ISBN : 978-93-5288-358-5
South Indian History Congress-37 th Annual Session Proceedings	The Historical Background of Vanniya Kula Kshatriyas with the title name Gounder- A Study	South Indian History Congress- 37 th Annual Session Proceedings	South Indian History Congress-37th Annual Session Proceedings	Regional	2017	ISSN 2229 - 3671

Tamil Ilakiyathil vendharkal	Mahendra Varma Pallava I	Tamil Ilakiyathilvendharkal	Tamil Ilakiyathilvendharkal	International	2017-18	Published a paper pg.496 ISBN 978-93-86816-83-2
Indian painting and Arts Through the Ages	Paintings under the Pallavas	Indian painting and Arts Through the Ages	Rock Art & Painting in south India	National	2017-18	Published a paper pg.44 ISBN 978-81-936296-7-3
Tamil Ilakiyathil Arivialsinthanaigal	Science Behind Hindu Temple	Tamil IlakiyathilArivialsinthanaigal	Tamil IlakiyathilArivialsinthanaigal	International	2018-19	Published a paper pg.461 ISBN 976-61-2343-911-6
Integration of ICT into Education	Importance of ICT in Education	Integration of ICT into Education	Integration of ICT into Education	National	2017 – 18	Published a paper pg.461 ISBN 978-93-5300-703-4
Recent Trends in History	Land Revenue Terms in Chola Inscriptions	Recent Trends in History	Recent Trends in History	National	2018 - 19	Published a paper ISBN :978-93-84737-10-8
Thamilar Varalarum Panpadum	The Temple and Society in the Tamil Country( from 6 th to 9 th century)	Thamilar Varalarum Panpadum	Thamilar Varalarum Panpadum	National	2019- 20	Published a paper ISBN -978 -81-941341-4-5
Socio – Cultural and Religious Movements in Modern South India	The Cultivation Class of Salem and their Customs	Socio – Cultural and Religious Movements in Modern South India	Socio – Cultural and Religious Movements in Modern South India	National	2019- 20	Published a paper ISBN – 978-9380187-01-3

### Participation in Symposium / Workshop / Seminar

S. No	Title of the Symposium / Workshop / Seminar	Organised by	Level	Year	
1.	UGC National Conference on Smart Approaches in Computer Science Research Arena	Sri Sarada College for Women (Autonomous), Salem-16	International Level	Jan 2017	2016-17

2.	Symposium on Indian Higher Education System's Contribution to Social Progression	Sri Sarada College for Women (Autonomous), Salem-16	National Level	March 2017	2016-17
3.	Recent Trends in Computer Science Research	Department of Computer Science, Sri Sarada College for Women (Autonomous), Salem-16	International Seminar	July 2017	2017-18
4.	Workshop on Mathematical Modeling	Department of Mathematics, Sri Sarada College for Women (Autonomous), Salem-16	International Seminar	July 2017	2017-18
5.	Symposium on Indian Historiography	Department of History, Nirmala College for Women, Coimbatore-18	International Seminar	Dec,2017	2017-18
6.	Historiography in Modern India: Trends and Dimensions	Department of History, Sri Sarada College for Women (Autonomous), Salem-16	International Seminar	Jan 2018	2017-18
7.	Workshop on Social History of the Tamils	Department of History, Periyar University, Salem	International Seminar		2017-18
8	Workshop on History of Science, Technology and Environment ( HSTE)	Periyar University PeriyarPalkali Nagar, Salem - 11	International	Feb 2018	2017-18
9	Workshop on Social History of the Tamils	Periyar University PeriyarPalkali Nagar, Salem - 11	International	March 2018	2017-18
10	Symposium Higher Education : Issues, Developments, Challenges and Opportunities	Sri Sarada College for Women (Autonomous)	International	Feb 2018	2017-18
11	Symposium Strategic Position of South India in Maritime Trade	Vellalar College for Women (Autonomous)	International	April 2018	2017-18
	Optimum crop planning for resource use efficiency	Sri Sarada College for women ( Autonomous), Salem - 16	International	Aug 2018	2018-19
12	International Seminar on Research Intelligence and Database ( RID - 2018)	Periyar University PeriyarPalkali Nagar, Salem - 11	International	Dec 2018	2018-19
13	Workshop on Intellectual Property Rights ( IPRs)	Sri Sarada College for women ( Autonomous), Salem - 16	International	March 2019	2018-19



14	Symposium on Remembering Gandhian Ideologies in the 21st Century	PSGR Krishnammal College for women, ( Autonomous), Coimbatore	National	Feb 2019	2018-19
15	National Level Conference on Opportunities and Challenges in Revised Assessment and Accreditation Framework for Higher Educational Institutions.	Sacred Heart College (Autonomous), Tiruppattur – 01.	National	July 2019	2019-20
16	National Seminar on KEEZHADI EXCAVATIONS : PRESENT AND FUTURE( 17 th Feb 2020)	Jamal Mohammed College ( Autonomous),Trichy-620020	National	Feb 2020	2019-20
17	National work shop on THE DP ( The Digital Pedagogy)	Sri Sarada College for women ( Autonomous), Salem - 16	National	Feb 2020	2019-20
	Revised NAAC Accreditation Frame Work : Issues and Challenges.	Sri Sarada College for women ( Autonomous), Salem - 16	National	July 2019	2019-20

## AWARDS

- Got **THE BEST EDUCATOR AWARD** from EAST ( Environmental Advisory for Sustainable Trust ),Tirunelveli.
- 3 rd International Academic Excellence Award – 2020.

## SEMINAR CO COORDINATOR

- UGC - UG Students 'Seminar Coordinator on the topic **SOCIAL AND CULTURAL HISTORY OF THE PALLAVAS** on 20.90.2020.

## LECTURE

- Acted as a resource person on the topic **Beti Bachao Beti Padhao** on January 24,2020. NSS – Sri Sarada College for Women ( Autonomous), Salem - 16

## **ORIENTATION / REFRESHER COURSES**

1. Attended Orientation at Bharathiyar University, Coimbatore from 17.05.2018 to 13.06.2018.
2. Attended Refresher Course at Bharathidasan University, Trichy from 23.10.2019 to 05.11.2019.

## **ONLINE COURSES**

- ❖ Mentor of NPTEL Online course INTRODUCTION TO MODERN INDIAN POLITICAL THOUGHT
- ❖ Mentor of NPTEL Online course INTRODUCTION TO HISTORY OF ARCHITECTURE IN INDIA.
- ❖ Passed NPTEL Online exam on INTRODUCTION TO HISTORY OF ARCHITECTURE IN INDIA.

## **EXTENSION ACTIVITIES & EVS FIELD VISITS**

<b>S.NO</b>	<b>NAME OF THE ACTIVITY</b>	<b>DATE</b>	<b>CLASS</b>	<b>NO. OF STUDENTS</b>	<b>PLACE</b>	<b>TITLE OF THE ACTIVITY</b>
1	EVS Field Visit	11.02.2017	I BA History	66	Periyapudur	A Survey on Prosopis Juliflora in Periyapudur, Salem
2	EVS Field Visit	03.02.2018	I BA History	65	Neikkarapatty	A Survey on the Effects of Wastewater from the Dyeing Factories in Neikkarapatty, Salem
3	EVS Field Visit	26.01.2019	I BA History	57	Sarkar Kollapatty	A Survey on the Effectiveness of the Government Ban on Single Use Plastic Bags
4	Extension Activity	15.08.18 & 08.09.18	I BA History	60	Vattamuthampatti	'Beat Plastic Pollution' – An Awareness Programme on Plastic Wastes: Environmental Issues and

						Challenges
5	Extension Activity	21.09.2019	II BA History	56	Sarkar Kollapatty	Awareness on the Formation of Self-Help Groups in Sarkar Kollapatty
6	EVS Field Visit	26.01.2020	I BA History	62	Fairlands, Salem	Food Waste Management by the Hotels at Fairlands – A Study

### **TEACHING EXPERIENCE**

- Worked as a B.T Assistant in Sri Jothi Higher Secondary School, Tharamangalam for 1 year.
- Worked as a B.T Assistant in Mecheri Government Girls Higher Secondary School for 2 ½ years
- Worked as an Assistant Professor of Education in K.S College of Education for 5 years
- Worked as an Assistant Professor of History in Vellalar College for Women for 1 year 6 months
- Working as an Assistant Professor of History in Sri Sarada College for Women (Autonomous), Salem from 22.07.2016 to till date.

### **INNOVATIONS/CONTRIBUTIONS IN TEACHING**

a) Design of curriculum : Member of UG and PG Board of Studies(Alumni)  
from 2010 to 2011 in Sri Sarada College of Education (A),Salem -16  
Member UG & PG Board of studies from  
Vellalar College for Women (A), Erode During the period from 2014 to 2016  
Member UG & PG Board of studies.  
Sri Sarada College for Women (A), Salem During the period from 2016 to 2018

- b) Teaching Methods : Lecturers, Group Discussion with student Interaction.
- c) Evaluation Methods : Conducting tests, Model exams, Seminars & Assignments.
- d) Preparation of resource : Books, Magazines, News Papers and Materials, e - learning.
- e) Remedial Teaching/Students : Special Attention given to slow learners.

## **BIO DATA**

### **S. ARUL SELVI**

SKY Prof Arulnithi S.Arul Selvi is a great Tamil scholar with degrees in MA(Tamil) and MA(Yoga for Human Excellence). She had worked 28 years in the banking industry and took VRS in March 2018. She has dedicated her entire life to service the society after retirement. she had the greatest opportunity to be connected with Swami Vedatri Maharishi from the age of 9 since her parents were sincere disciples of Swamiji. She got initiated at the age of 14 by Swamiji and became Arulnidhi in 1985 at the age of 16. Swamiji had visited their home very often and stayed with them. Arul Selvi conducted 100's of lectures and given motivational and empowering speeches to students, common people, corporate professionals, and higher government officials. At present She hold the responsibilities of Joint Director, Vision for Wisdom, Aliyar and Vice President, WCSC, Salem Zone.

# BIO DATA

## Dr. Gayathri. B

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Bharath Wellness Centre

203, New Fairlands, Salem, Tamil Nadu 636016 | +91-9943006091 | bharathwellness@gmail.com

### Professional Summary

- **12 plus years** of experience as a Psychologist, Motivational Speaker, Life Coach
- Experienced in evaluating & counselling specially abled children
- Exceptional experience in grief counseling for people of all ages
- Knowledge of all techniques and strategies in counseling
- Organized and thorough in all reports and analyses
- Ability to provide individual, couple and family counseling procedures
- Extremely caring and compassionate towards people from all walks of life
- Ability to work with others such as doctors, families, or other psychologists
- Well established Guide for research students in Psychology
- Cleared National Eligibility Test conducted by the University Grants Commission
- Authoring a book titled “சல்வி உளவியல்” (Educational Psychology) yet to be published, by Tamilnadu Psychology Association.

### Work Experience

- Practicing Psychologist at Bharath Wellness, Salem
- Honorary member for Dharmapuri College of Engineering, Dharmapuri, Tamil Nadu
- Motivational Psychologist/Speaker for Government College of Engineering, Salem, Tamil Nadu
- Motivational Psychologist/Speaker for Several Private /Government Colleges

### Research Work

- Doctoral Thesis: A study on value perception of working women of Salem district.
- An investigation into personality characteristics of Orphans in Salem.
- A comparative study on academic achievement and adjustments of adolescents.
- Case study of a deaf child.

## Papers Presented

- UGC sponsored National seminar on Education and Women Empowerment in renovating higher education - vision of Swami Vivekananda
- Role of Education in eliminating inequalities - UGC sponsored National seminar on Inclusion and quality in Higher Education
- Role of ICT in education sector- National seminar on Recent trends in ICT enabled teacher education
- Mentally challenged person- Denial of Human rights and legalities- UGC sponsored National level seminar on Human rights, priorities issues
- A paper on Experimental Research- UGC sponsored National seminar
- Education of the exceptional children- UGC National seminar
- UGC sponsored State level workshop on Data analysis in Social Sciences using Statistical packages.
- A paper on self-supporting courses and shift system- A National UGC sponsored seminar on revisiting silver Jubilee of Autonomy; Realization of quality higher education
- Professional Values and Values from music for college teachers- UGC sponsored National seminar

## Education

### Degree Courses

- Pursuing Doctor of Philosophy (Ph.D.) in Education at Periyar University, Salem
- Master of Philosophy (M.Phil.) in Psychology at Tamil Nadu Open University, Chennai
- Master of Arts (M.A) in Sociology at Periyar University, Salem
- Master of Education (M.Ed.) at Periyar University, Salem
- Master of Science in Psychology (M.Sc.) at Madras University, Chennai
- Bachelor of Education (B.Ed.) at Periyar University, Salem
- Bachelor of Science in Physics (B. Sc.) at Madras University, Chennai

### Diploma Courses

- Master Diploma in Acupressure, Bharath Seva Samaj, New Delhi
- Diploma in Exceptional Children, Sri Sarada College of Education, Salem
- Diploma in Aura cleansing, Bharath Seva Samaj, New Delhi
- Diploma in Natural Therapies, Janshikshan Sansthan, New Delhi
- Diploma in Tirumoolar Thiruvagasam, Tamil University, Tanjore.

### Certificate Courses

- Certificate Course in School Administration, Sri Sarada College of Education

- Dorn Therapy, Basic International Dorn Forum, Germany
- Dorn Therapy, Advanced, International Dorn Forum, Germany

### **Awards and Recognition**

- **“Dr APJ ABDUL KALAM LIFETIME ACHIEVEMENT NATIONAL AWARD”** for remarkable achievement in the field of teaching, research and publications by **INTERNATIONAL INSTITUTE FOR SOCIAL AND ECONOMIC REFORMS (R)**, Bengaluru
- **“Best Counselor”**, by **Zen Foundation**, Bengaluru